

Results of VAC 5 Km Championship road race, Battersea Park, 3 June 2025

Pos	Bib	Name	Time	Age Gp	Cat Pos	VAC Medal	Open Medal	Club	Lap 1	Lap 2
1	61	Robert Laing	00:16:20	M45	1		Gold	Kent AC	00:07:52	00:07:39
2	52	Oliver Gosden	00:16:22	M45	2		Silver	Guildford & Godalming AC	00:07:52	00:07:42
3	44	Samuel Evans	00:16:22	M40	1		Gold	Kent AC	00:07:52	00:07:42
4	126	Adrian Russell	00:16:44	M45	3	Gold		Veterans AC	00:07:53	00:08:03
5	72	Stuart Macdougall	00:16:45	M40	2		Silver	Fulham RC	00:07:53	00:08:04
6	130	Nick Shasha	00:16:50	M50	1		Gold	Eastern Masters AC	00:07:59	00:08:04
7	99	James Ridger	00:17:07	M45	4			Paddock Wood AC	00:07:54	00:08:25
8	68	David Lipscomb	00:17:14	M45	5			Epsom & Ewell Harriers	00:08:01	00:08:25
9	34	Eric Dol	00:17:15	M35	1	Gold		Veterans AC	00:08:09	00:08:17
10	47	Paul Gilbert	00:17:23	M50	2	Gold		Veterans AC	00:08:08	00:08:26
11	13	Patrick Brown	00:17:33	M40	3		Bronze	Eastern Masters AC	00:08:11	00:08:34
12	131	Robert Smith	00:17:44	M35	2	Silver		Veterans AC	00:08:17	00:08:38
13	53	Andrew Green	00:17:46	M55	1	Gold		Veterans AC	00:08:17	00:08:40
14	57	Karima Harris	00:17:58	W55	1	Gold		Veterans AC	00:08:33	00:08:34
15	23	Steve Corfield	00:18:02	M60	1	Gold		Veterans AC	00:08:40	00:08:29
16	149	Mike Webber	00:18:14	M55	2	Silver		Veterans AC	00:08:41	00:08:42
17	87	Stephen Plummer	00:18:20	M60	2	Silver		Veterans AC	00:08:42	00:08:46
18	142	Mark Tennyson	00:18:22	M60	3	Bronze		Veterans AC	00:08:43	00:08:46
19	43	Thomas Flannery	00:18:24	M40	4			Sutton Runners	00:08:45	00:08:41
20	32	Andrew Davies	00:18:28	M50	3	Silver		Veterans AC	00:08:42	00:08:51
21	128	Graeme Saker	00:18:31	M60	4			SCVAC	00:08:47	00:08:53
22	157	Paul Woolley	00:18:41	M50	4	Bronze		Veterans AC	00:08:53	00:08:53
23	60	Andy Jordan	00:18:43	M60	5			Veterans AC	00:08:48	00:09:02
24	145	Norman Urquia	00:18:44	M55	3	Bronze		Veterans AC	00:08:57	00:08:56
25	84	Andrew Orchard	00:18:45	M55	4			Veterans AC	00:08:53	00:08:59
26	159	Philip York	00:18:48	M60	6			South West Veterans AC	00:08:36	00:09:15
27	89	Matthew Preston	00:18:48	M50	5			Veterans AC	00:08:55	00:09:02
28	31	Paul Davie	00:18:53	M45	6			Mornington Chasers	00:09:11	00:08:44
29	93	Dominic Reed	00:18:56	M35	3		Bronze	Walton AC	00:08:59	00:09:08
30	133	William Stenning	00:18:57	M55	5			Woking AC	00:08:53	00:09:12
31	136	Kev Stroud	00:19:02	M60	7			Veterans AC	00:08:54	00:09:15
32	55	Tim Grose	00:19:06	M55	6			Veterans AC	00:09:07	00:09:03
33	50	Lisa Gold	00:19:07	W40	1		Gold	Highgate Harriers	00:09:01	00:09:09
34	85	Adam Parsons	00:19:08	M35	4			Walton AC	00:09:00	00:09:11
35	41	John Ewbank	00:19:09	M60	8			Veterans AC	00:09:11	00:08:58
36	135	Ginevra Stoneley	00:19:12	W50	1	Gold		Veterans AC	00:09:07	00:09:05
37	137	Kerstin Sung	00:19:13	W50	2		Silver	Medway & Maidstone AC	00:08:59	00:09:19
38	35	Graeme Drysdale	00:19:18	M55	7			Veterans AC	00:09:09	00:09:10
39	9	Vicky Boyle	00:19:21	W45	1		Gold	Kent AC	00:09:08	00:09:19
40	5	Michael Bishop	00:19:25	M40	5			United Kingdom	00:08:55	00:09:39
41	91	Anwar Rahim	00:19:30	M40	6			Vegan Runners UK	00:09:16	00:09:13
42	78	David Moore	00:19:31	M60	9			Veterans AC	00:08:56	00:09:42
43	8	Andrew Bowles	00:19:35	M55	8			Veterans AC	00:09:13	00:09:24
44	88	Helen Pool	00:19:35	W50	3	Silver		Veterans AC	00:09:10	00:09:27
45	69	Shaun Lowthian	00:19:36	M35	5			Mornington Chasers	00:09:17	00:09:24
46	26	Anna Critchlow	00:19:45	W55	2	Silver		Veterans AC	00:09:19	00:09:27
47	100	Peter Robertson	00:19:48	M45	7	Silver		Veterans AC	00:09:22	00:09:28

48	36	Patrick Dunford	00:20:02	M35	6			Holland Sports AC	00:09:28	00:09:38
49	98	Nicola Richmond	00:20:09	W50	4	Bronze		Veterans AC	00:09:33	00:09:36
50	86	Vaughan Ramsay	00:20:10	M50	6			Veterans AC	00:09:23	00:09:47
51	11	Elise Brockhurst	00:20:17	W45	2		Silver	Mornington Chasers	00:09:31	00:09:44
52	81	Jeremy Musselwhite	00:20:18	M65	1		Gold	South West Veterans AC	00:09:31	00:09:45
53	14	Ian Budge	00:20:20	M60	10			Billericay Striders RC	00:09:42	00:09:39
54	63	Peter Lee	00:20:25	M55	9			Veterans AC	00:09:37	00:09:44
55	77	Jerome Moisan	00:20:26	M50	7			Medway & Maidstone AC	00:09:46	00:09:39
56	147	Tom Cheetham	00:20:26	M55	10			Veterans AC	00:09:51	00:09:35
57	71	Brian Lynch	00:20:48	M55	11			Hercules Wimbledon AC	00:09:52	00:09:51
58	12	Amber Brough-Nuesink	00:20:51	W45	3	Gold		Veterans AC	00:09:54	00:09:56
59	82	Peter Musumeci	00:20:56	M35	7			Walton AC	00:10:05	00:09:50
60	156	Lucy Woolhouse	00:21:04	W60	1	Gold		Veterans AC	00:10:02	00:10:01
61	95	Josephine Rhodes	00:21:04	W35	1	Gold		Veterans AC	00:10:12	00:09:53
62	134	Mark Stevens	00:21:09	M45	8	Bronze		Veterans AC	00:09:55	00:10:19
63	37	Peter Eckersley	00:21:11	M65	2		Silver	United Kingdom	00:10:15	00:09:59
64	58	Lara James	00:21:13	W45	4	Silver		Veterans AC	00:09:57	00:10:14
65	154	Darren Woods	00:21:27	M35	8	Bronze		Veterans AC	00:10:08	00:10:17
66	6	Stewart Bond	00:21:27	M55	12			Veterans AC	00:10:01	00:10:21
67	65	Terry Lapins	00:21:29	M35	9			Croydon Harriers	00:10:17	00:10:10
68	127	Natalie Sacre	00:21:37	W35	2		Silver	Thames Hare & Hounds	00:10:05	00:10:26
69	54	Mark Gregory	00:21:38	M65	3	Gold		Veterans AC	00:10:14	00:10:24
70	19	Simon Adams	00:21:41	M60	11			Veterans AC	00:10:13	00:10:20
71	56	Peter Hall	00:21:58	M65	4	Silver		Veterans AC	00:10:24	00:10:32
72	144	Richard Turner	00:22:06	M70	1		Gold	Thames Hare & Hounds	00:10:27	00:10:37
73	15	Darko Calina	00:22:15	M60	12			Veterans AC	00:09:59	00:11:13
74	158	Peter Wootton	00:22:18	M55	13			Veterans AC	00:10:31	00:10:39
75	76	Neil Mckeown	00:22:32	M50	8			Veterans AC	00:10:35	00:10:48
76	48	Peter Giles	00:22:44	M80	1	Gold		Veterans AC	00:10:59	00:10:43
77	151	Colin Williams	00:22:44	M60	13			Veterans AC	00:10:52	00:10:47
78	16	Caroline Helder	00:22:48	W60	2	Silver		Veterans AC	00:10:55	00:10:47
79	139	Michelle Tafili	00:22:49	W40	2	Gold		Veterans AC	00:10:56	00:10:48
80	148	Joe Warren	00:23:29	M55	14			Veterans AC	00:10:55	00:11:33
81	152	Lynn Wilson	00:23:45	W65	1	Gold		Veterans AC	00:11:23	00:11:14
82	45	Martin Garrett	00:23:47	M70	2	Gold		Veterans AC	00:11:20	00:11:15
83	146	Margaret Wadman	00:24:04	W60	3	Bronze		Veterans AC	00:11:25	00:11:26
84	73	Michael Mann	00:24:13	M75	1	Gold		Veterans AC	00:11:35	00:11:29
85	140	Caroline Taylor	00:24:51	W45	5			Walton AC	00:11:38	00:12:04
86	75	Ian Mccarthy	00:25:15	M65	5	Bronze		Veterans AC	00:12:05	00:11:55
87	21	Lisa Compton	00:25:25	W65	2	Silver		Veterans AC	00:11:32	00:12:41
88	80	Tom Morris	00:25:46	M65	6			Veterans AC	00:12:12	00:12:21
89	129	Karen Samuel	00:25:53	W60	4			SCVAC	00:12:24	00:12:09
90	62	Simon Lawrence	00:26:38	M60	14			Veterans AC	00:12:36	00:12:42
91	96	Alan Rich	00:27:30	M75	2	Silver		Veterans AC	00:12:58	00:13:04
92	59	Michael Johnson	00:27:43	M80	2	Silver		Veterans AC	00:13:01	00:13:23
93	67	Anne Lippitt	00:30:18	W70	1	Gold		Veterans AC	00:14:21	00:14:29
94	97	Pauline Rich	00:32:14	W80	1	Gold		Veterans AC	00:14:53	00:15:47
95	66	Martin Lippitt	00:34:09	M70	3	Silver		Veterans AC	00:16:01	00:16:32
96	83	Bill O'connor	00:35:27	M80	3	Bronze		Veterans AC	00:16:41	00:17:18
97	2	Joe Aspinall	00:38:13	M85	1	Gold		Veterans AC	00:18:19	00:18:04
98	64	Michael Leigh	00:40:47	M80	4			Hercules Wimbledon AC	00:18:43	00:20:10