

VAC 10,000m Championships, Battersea Park, 11 September 2024

Place	Performance	Bib	First Name	Last Name	Cat. Pos.	VAC Medal	Open Medal	Team Name
1	33:31.27	12	Matt	Cooper	M40-1		Gold	St Albans Striders
2	33:33.92	3	Roman	Banias	M35-1	Gold		Veterans AC
3	33:39.19	74	Nicholas	Browne	M40-2		Silver	Serpentine RC
4	33:42.14	4	Nicolas	Besson	M40-3		Bronze	Serpentine RC
5	33:42.67	13	Philip	Cooper	M45-1		Gold	Eastern Masters AC
6	34:00.78	16	Trevor	Cummins	M40-4			Ireland
7	34:05.97	54	David	Sharman	M35-2		Silver	Wimbledon Windmilers
8	34:11.28	66	Steve	Winder	M50-1	Gold		Veterans AC
9	34:42.54	59	Kenneth	Svensden	M45-2		Silver	Serpentine RC
10	34:55.63	64	Craig	West	M45-3		Bronze	Maidenhead AC
11	35:13.66	65	James	Wilson	M45-4	Gold		Veterans AC
12	35:27.79	50	Ben	Reynolds	M60-1	Gold		Veterans AC
13	35:45.61	33	Jani	Kraner	M40-5	Gold		Veterans AC
14	37:01.78	19	Eric	Dol	M35-3	Silver		Veterans AC
15	37:55.03	69	Joseph	Wilkes	M45-5	Silver		Veterans AC
16	38:25.94	48	Jonathan	Ratcliffe	M55-1		Gold	SCVAC
17	38:31.52	25	Jeremy	Garner	M50-2	Silver		Veterans AC
18	38:34.35	71	Chris	Morgan	M45-6			Btighton Phoenix
19	39:03.12	55	Tristan	Sharp	M40-6			Arena 80 AC
20	39:05.69	29	Nigel	Herron	M60-2	Silver		Veterans AC
21	39:07.55	45	Emily	Proto	W35-1		Gold	SCVAC
22	39:47.51	51	David	Robinson	M45-7	Bronze		Veterans AC
23	39:51.36	58	Mark	Stevens	M45-8			St Albans Striders
24	39:53.50	30	Paul	Horler	M55-2		Silver	Winchester RC
25	39:55.01	2	Jacob	Armstrong-Plieth	M50-3	Bronze		Veterans AC
26	40:23.10	14	Stuart	Corke	M55-3		Bronze	Tunbridge Wells Harriers
27	40:37.29	73	Samuel	Bennett	M50-4			Arena 80 AC
28	40:56.68	32	Jon	Kew	M50-5			Reading Roadrunners
29	41:00.25	31	Peter	Johnson	M60-3	Bronze		Veterans AC
30	41:33.87	44	David	Pitt	M70-1	Gold		Veterans AC
31	41:36.21	23	Ali	Farrall	W50-1		Gold	Tunbridge Wells Harriers
32	41:36.27	72	Geoff	Turner	M60-4			Tunbridge Wells Harriers
33	42:15.26	47	Vaughan	Ramsay	M50-6			Veterans AC
34	42:20.35	41	Jeremy	Musselwhite	M65-1		Gold	SWVAC
35	42:35.35	61	Martyn	Underdown	M65-2	Gold		Veterans AC
36	42:53.87	37	Colin	McManus	M45-9			Winchester RC
37	43:04.80	46	Neil	Rae	M50-7			Ranelagh Harriers
38	43:07.11	11	Tom	Cheetham	M55-4	Gold		Veterans AC
39	43:25.78	22	Louise	Faherty	W45-1		Gold	Highgate Harriers
40	43:52.32	15	Peter	Costley	M60-5			SWVAC
41	44:10.79	35	Thomas	Martini	M45-10			Veterans AC
42	44:44.99	1	Tim	Anderson	M65-3		Bronze	SWVAC
43	45:17.18	8	Bradley	Brown	M50-8			Ilford AC
44	45:19.41	27	Mark	Gregory	M65-4	Silver		Veterans AC
45	45:22.70	53	Paul	Sanderson	M65-5	Bronze		Veterans AC
46	45:47.41	57	Richard	Stansfield	M60-6			Veterans AC
47	46:06.64	63	Lisa	Watson	W50-2		Silver	Harvel Hash House Harriers
48	46:39.97	39	Gareth	Morgan	M70-2	Silver		Veterans AC
49	46:49.48	28	Caroline	Helder	W60-1	Gold		Veterans AC
50	47:33.46	9	Peter	Brown	M65-6			Northern Masters AC
51	47:59.98	70	Terry	Lapins	M35-4			Croydon Harriers
52	49:37.60	62	Clive	Walker	M65-7			Veterans AC
53	49:40.55	38	Andy	Mitchelson	M55-5	Silver		Veterans AC
54	49:44.38	68	Maggie	Statham-Berry	W70-1	Gold		Veterans AC
55	50:21.25	67	Kevin	Daglish	M60-7			North East Masters AA
56	51:24.78	40	Tom	Morris	M65-8			Veterans AC
57	51:31.85	24	Mike	Forder	M70-3	Bronze		Veterans AC
58	52:18.22	52	Karen	Samuel	W60-2	Silver		Veterans AC
59	53:15.22	36	Ian	McCarthy	M65-9			Veterans AC