



# VETERANS ATHLETIC CLUB

## Health & Safety Policy

### The club's responsibilities

Veterans AC (VAC) aims to promote and ensure the health, safety and welfare of all persons to whom we owe a duty of care, including athletes, contractors, officials, volunteers and spectators through a commitment to the development of a positive health and safety culture in our club activities and operations.

To achieve the highest possible standards, VAC aims to, so far as is reasonably practicable:

- Comply with all relevant health and safety legislation and guidelines.
- Conduct risk assessments in relation to each club event and activity where relevant, and ensure that actions arising from those assessments are implemented in order to reduce or eliminate the risks identified,
- Ensure that any equipment provided by the club is well maintained and safe to use,
- Ensure the timely completion of investigations into health and safety incidents,
- Put in place processes to help prevent similar incidents from reoccurring,
- Ensure that there are persons identified at the club who are first aid trained and/or who know how to respond in the case of an accident or emergency, and that professional medics are employed at all club competitions,
- Ensure suitable welfare and safeguarding arrangements are in place for those involved with the club,
- Provide appropriate information, instruction, supervision and surveillance to ensure that those involved in club activities and operations take care of their own safety, health and welfare and that of others.

VAC is committed to the development and training of individuals involved in the delivery of club activities and operations and aims to:

- Establish a process for the allocation and communication of health and safety responsibilities across the club,



- Communicate, for example through the website and newsletters, on matters concerning health and safety in the context of the club's activities and operations,
- Provide appropriate information, training and support to ensure that those with a responsibility for health and safety are competent in their roles.

## **Your responsibilities**

Whilst VAC's Club Committee is ultimately responsible for the implementation and management of the health and safety arrangements that exist within VAC, everyone must play their part. It is up to everyone involved with the club, including athletes, officials, contractors and volunteers, to support and cooperate with the Club Committee in fulfilling its aims and commitments above. And ultimately for all those involved in the club's activities and operations to:

- Look out for others,
- Take steps to prevent health and safety incidents from occurring; and
- Report any potential or actual health and safety risks or incidents promptly to a member of the Club Committee.

## **Review of this policy and reporting**

The Club Committee will review this policy statement at least annually and may make any revisions to it. Any updates will be made accessible to members.

If you have any health and safety queries or concerns, please contact the club's Welfare Officers ([welfare@vetsac.org.uk](mailto:welfare@vetsac.org.uk)) or a member of the Club Committee as listed on VAC's website (<https://www.vetsac.org.uk/>).

**Signed: Ros Tabor (Club Chair and Secretary)**

**Date: 20 May 2026**