



HELP for HEROES

Support For Our Wounded

David Hoben
Veterans Athletics Club
215 Turnpike Link
Croydon, Surrey
CR0 5NW

Dear David

28th November 2016

Thank you so much for your donation of £76.00 to Help for Heroes (H4H) on behalf of entry fees for the Jack Fitzgerald Memorial Walk.

Support like yours means you've enabled the creation of an enduring national network of support for our wounded and their families.

Every single person we help gets support that's designed for them and their recovery; this is at the heart of everything we do.

Our four Recovery Centres are central to this delivery. They provide welfare support, a bespoke careers service, sports recovery opportunities, physical and psychological wellbeing services and fellowship. This support is underpinned by the fantastic work carried out by our Grants Team to provide grants to individuals and to over 60 specialist charity partners.

However, thanks to newly published research from King's College London and Help for Heroes, we now know that at least 66,090 of the 757,805 people who served as Regulars in the British Armed Forces between 1991 and 2014 will need our support either now, or in the future.

Put simply, that means 1 in 11 will need a helping hand. We are not done. There is so much more to do. Our Heroes are still battling and we won't let them battle alone. We are so glad to have friends like you with us as we work together to rebuild lives.

You are a vital part of Team H4H. Without you and the inspiring things you do to raise funds, there would be no Help for Heroes. Please accept our heartfelt thanks for your support. It is as appreciated as it is vital.

Best wishes

Barbara Jones

Volunteer at Help for Heroes
On behalf of Bryn & Emma, Co-Founders - Help for Heroes

Thank you for your kind donation raised from your memorial walk. Your support of H4H is very much appreciated.

If you would like to unsubscribe or change how you hear from us in the future, please email us at contact@helpforheroes.org.uk or contact us via the telephone number or address below:

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