

VAC 5km* Road Race, Battersea Park, 9 July 2019

Grand Prix: Age Graded ** Results for VAC Members

Age Graded Position	Adjusted* Age Graded %	Race Position	Actual Time	Name	Age Group	First Claim Club
1	90.79	53	25:07	Penny Elliott	W75	Waverley Harriers
2	90.69	32	20:28	Peter Giles	M75	Hercules Wimbledon AC
3	90.10	25	19:39	Lucy Woolhouse	W55	Veterans AC
4	89.38	1	16:28	Richard Tomlinson	M50	Medway & Maidstone AC
5	88.04	3	16:43	Ian Johnston	M50	Veterans AC
6	87.68	5	16:55	Terry Booth	M50	Guildford & Godalming AC
7	85.13	2	16:39	Robin Jones	M45	Herne Hill Harriers
8	84.29	42	22:19	Lynn Wilson	W60	Ealing Southall & Midd AC
9	83.98	12	17:48	Stephen Philcox	M50	Ilford AC
10	82.76	28	19:55	Richard Pitt	M65	Thames Hare & Hounds
11	82.34	31	20:12	Terry O'Neill	M65	Belgrave Harriers
12	81.83	54	25:11	Marion Rayner	W65	West 4 Harriers
13	81.22	21	18:50	Philip Cross	M55	Woking AC
14	81.21	10	17:43	Gavin Mackay	M45	Petts Wood Runners
15	80.74	34	20:58	Julian Spencer-Wood	M65	Kent AC
16	80.55	17	18:25	Malcolm Davies	M50	The Stragglers Running Club
17	79.89	29	19:57	Nigel Burnell	M60	Veterans AC
18	79.87	23	19:09	Martin Daoud	M55	Ealing Southall & Midd AC
19	79.67	55	25:46	Doug Milsom	M80	Hillingdon AC
20	79.63	30	20:01	Peter Hall	M60	West 4 Harriers
21	79.42	18	18:32	Graeme Drysdale	M50	Striders of Croydon
22	78.97	20	18:47	Paul Mccrone	M50	Kent AC
23	78.78	27	19:45	Helen Pool	W45	Reading Roadrunners
24	78.48	41	22:02	Jim Brown	M70	Woking AC
25	78.35	37	21:49	Patricia Thomas	W50	Ealing Southall & Midd AC
26	78.00	22	19:01	Darren Franks	M50	Hercules Wimbledon AC
27	77.99	38	21:55	Pippa Major	W50	South London Harriers
28	77.91	60	27:42	Cliff Collins	M80	Veterans AC
29	77.90	49	23:51	Carol Jones	W60	Ealing Southall & Midd AC

30	77.60	11	17:44	Matthew Munro	M40	Herne Hill Harriers
31	77.45	33	20:54	Helen Davies	W45	The Stragglers Running Club
32	77.27	6	17:05	Sam Rahman	M35	Ilford AC
33	75.30	26	19:42	Tom Cheetham	M50	Hercules Wimbledon AC
34	74.86	47	23:23	Liam O'Hare	M70	Barnet & District AC
35	74.59	35	21:01	Tony Harran	M55	Herne Hill Harriers
36	74.55	13	17:49	Chris de Mauny	M35	Walton AC
37	73.85	19	18:38	James Ward	M40	Herne Hill Harriers
38	73.33	39	21:55	Cliff Cole	M60	Veterans AC
39	72.14	57	26:25	Julia Galea	W60	Ilford AC
40	71.96	44	22:31	Ian McCarthy	M60	Cambridge Harriers
41	71.15	65	29:34	Joe Aspinall	M80	Veterans AC
42	71.10	48	23:36	Ian Mursell	M65	Veterans AC
43	70.04	59	27:28	Richard Hammerson	M75	Reading Roadrunners
44	69.16	40	21:57	Lloyd Bevan	M55	Serpentine
45	68.76	69	35:31	Richard Pitcairn-Knowles	M85	Sevenoaks AC
46	67.67	36	21:45	Carlie Qirem	W35	Ilford AC
47	66.46	45	22:43	Soraya Bux	W40	Handy Cross Runners
48	66.38	51	24:38	Tony Austin	M60	Hercules Wimbledon AC
49	65.88	46	22:52	Anthony Young	M50	Ilford AC
50	65.47	62	27:54	Bill O'Connor	M70	Queens Park Harriers
51	65.32	56	25:55	Martin Wilson	M65	Ealing Southall & Midd AC
52	64.39	67	32:28	Ann Bath	W70	26.2 Road Runners Club
53	61.91	64	28:39	Alan Davidson	M70	Liss Runners
54	60.93	58	27:03	Rob Sargent	M65	Ilford AC
55	60.64	63	28:31	Maurice Marchant	M70	Tonbridge
56	58.87	68	32:41	Peter Torre	M75	Veterans AC
57	56.29	66	32:27	Edwin Bartlett	M70	Veterans AC
58	53.93	70	43:47	Brian Shave	M85	Herne Hill Harriers

* Short course by approx 50 metres. Age graded percentages reduced by 1%.

** Age grading based on actual age, using World Masters Athletics Road age-grading calculator 2015.