



# LOUGHTON ATHLETIC CLUB

Interclub Vets 11am 6 November 2021

## WOMEN

1. Loughton AC	23
2. Orion Harriers	43
3. Eton Manor	45
4. East London Runners	82

### 1. LOUGHTON

Zoe Oldfield (WV40)	3
Mary Knapman (WV40)	4
Lorna Gaffney (WV50)	7
Sharon Palmer (WV45)	9
	<hr/>
	<b>23</b>

### 3. ETON MANOR

Jenny Heymann (WV40)	1
Maud Hodson (WV45)	10
Ru Rose (WV40)	16
Gail Hennessy (WV65)	18
	<hr/>
	<b>45</b>

### 2. ORION HARRIERS

Christine Kennedy (WV65)	6
Jo Plumb (WV50)	11
Mary Armitage (WV55)	12
Karen Lyons (WV50)	14
	<hr/>
	<b>43</b>

### 4. EAST LONDON RUNNERS

Paula Bedford (WV40)	5
Becky Evans (WV50)	8
Sandra Preston (WV55)	28
Diana Rexhepaj (WV50)	39
	<hr/>
	<b>80</b>

## MEN

1. Eton Manor	22
2. Orion Harriers	36
3. Ilford	40
4. Loughton	70
5. VPH	101
6. East London Runners	126
7. Vets AC	163

### 1. ETON MANOR

Gary Towers (MV45)	1
James Pilch (MV40)	3
Paul Boddey (MV40)	4
David Cato (MV40)	14
	<hr/>
	<b>22</b>

### 2. ORION HARRIERS

Brian Jenkins (MV40)	5
Bob Glasgow (MV45)	6
Neil McGoun (MV40)	12
Tim Wright (MV50)	13
	<hr/>
	<b>36</b>

### 3. ILFORD

Gary Coombes (MV45)	2
Fabrizio Stefanoni (MV45)	7
Danny Holeyman (MV45)	11
Diarmuid Macdonnell (MV45)	20
	<hr/>
	<b>40</b>

### 4. LOUGHTON

Jon Whitehouse (MV45)	8
Steve Palmer (MV50)	15
David Mills (MV55)	22
Alan Fricker (MV45)	25
	<hr/>
	<b>70</b>

### 6. EAST LONDON RUNNERS

Alex Pickering (MV40)	10
Amit Marks (MV40)	24
Monir Dahbi (MV40)	45
Ramesh Pala (MV60)	47
	<hr/>
	<b>126</b>

### 5. Victoria Park and Tower Hamlets

Kevin Long (MV40)	9
Richard Bryant (MV50)	23
Simon Wharton (MV50)	27
David Shortridge (MV50)	42
	<hr/>
	<b>101</b>

### 7. VETS AC

Tony Harran (MV60)	28
Victor Maughn (MV55)	31
Edward Skinner (MV65)	50
David Hinds (MV70)	54
	<hr/>
	<b>163</b>