

East Surrey League, incorporating the Masters Inter Area Challenge, Lloyd Park, 4 March 2023

Adults - 8km

Position	No	Athlete	Club	Age Group	Time	ESL Pts		1	2	3	4	Total
1	74	Phil Symonds	Croydon	SM	27:20	1	ESL Mens Team	1	2	3	4	Total
2	187	Alex Gurteen	Epsom & Ewell	SM	27:39	2	Epsom & Ewell	2	4	5	7	18
3	336	Micah Evans	VAC	M40	27:50	3	VAC	3	9	10	12	34
4	371	Steve Winder	Epsom & Ewell	M50	28:07	4	Croydon	1	6	15	17	39
5	188	James Ball	Epsom & Ewell	SM	28:42	5	Striders of Croydon	8	11	13	19	51
6	550	Douglas Aikman	Croydon	U20M	29:10	6	Herne Hill	14	34	42	45	135
7	178	George Hannay	Epsom & Ewell	U20M	29:11	7	Lingfield	25	54	67	69	215
8	269	Tatsuya Okamoyo	Striders of Croydon	M40	29:38	8	Sutton & District	33	40	50 *		123
9	326	Rich Berry	VAC	M45	29:42	9	Collingwood	51	57 *	*		108
10	370	Mark Tennyson	VAC	M55	29:50	10						
11	299	Lee Flanagan	Striders of Croydon	M45	30:20	11	ESL Women's Team	1	2	3	4	Total
12	329	Terry Booth	VAC	M55	30:29	12	VAC	2	3	5	14	24
13	274	Krzysztof Klidzia	Striders of Croydon	M55	31:04	13	Epsom & Ewell	1	7	8	10	26
14	1048	David Aisa Miller	Herne Hill	U20M	31:10	14	Herne Hill	4	11	23	26	64
15	82	Ashley George	Croydon	SM	31:24	15	Lingfield	21	28	29	30	108
16	180	Gary Coleman	Epsom & Ewell	M45	31:31	16	Croydon	6	9	27 *		42
17	488	Dave Brown	Croydon	SM	31:37	17	Sutton & District	13 *	*	*		14
18	174	Stuart Flack	Epsom & Ewell	M45	31:39	18	Striders of Croydon	18 *	*	*		19
19	271	Matt Stone	Striders of Croydon	M60	31:48	19						
20	354	Chris Ness	VAC	M50	31:52	20						
21	179	Alex Rodriguez	Epsom & Ewell	U20M	31:54	21						
22	334	Gavin Englefield	VAC	M45	31:55	22						
23	328	Alastair Bloore	Epsom & Ewell	M55	31:59	23						
24	358	Ewan Paton	SVHC	M50	32:08	No score						
25	356	David Ogden	VAC	M60	32:52	24						
26	98	Dan Oppie	Lingfield	M40	33:03	25						
27	81	Abdul-Rahmaan Samad	Croydon	SM	33:05	26						
28	341	Ben Gilmore	VAC	M45	33:05	27						
29	345	Duncan Haughey	VAC	M60	33:09	28						
30	312	Maria Kowal	SCVAC	W40	33:18	No score						
31	428	Marcos Palomares-Conde	Croydon	M45	33:20	29						
32	296	Andy Perks	Striders of Croydon	M50	33:23	30						

33	361	Mark Pitcain-Knowles	SCVAC	M55	33:25	No score
34	276	Kerim Suruliz	Striders of Croydon	M40	33:32	31
35	77	James Moore	Croydon	M50	33:43	32
36	201	Fraser Brough	Sutton & District	M45	33:52	33
37	1053	Leon Kong	Herne Hill	SM	33:58	34
38	352	Thomas Mortimer	NMAC	M35	33:59	No score
39	1072	Gabby Ceccherini	Epsom & Ewell	U20W	34:02	1
40	324	Simon Bean	Epsom & Ewell	M60	34:06	35
41	79	Terry Lapins	Croydon	SM	34:28	36
42	303	Denise Barnett	VAC	W50	34:36	2
43	325	Roger Beardsworth	VAC	M60	34:37	37
44	363	Len Reilly	VAC	M60	34:40	38
45	365	Robert Scott	VAC	M50	34:40	39
46	304	Rachel Berry	VAC	W50	34:51	3
47	205	Kawnan Tharmagulasingham	Sutton & District	SM	34:54	40
48	1075	James Thomas	Epsom & Ewell	M50	35:09	41
49	130	Ian Jack	Herne Hill	M45	35:13	42
50	342	Mark Gregory	VAC	M60	35:17	43
51	145	Jemima Hayward-Bhika	Herne Hill	U23W	35:22	4
52	357	Colin Oxlade	Croydon	M60	35:28	44
53	353	Robert Nagorski	Herne Hill	M55	35:36	45
54	306	Chloe Constantine	VAC	W50	35:41	5
55	64	Katherina Warren	Croydon	U20W	35:43	6
56	175	Lauren Johnson	Epsom & Ewell	W40	35:48	7
57	344	Peter Hall	VAC	M60	35:50	46
58	337	Simon Evans	Herne Hill	M55	35:56	47
59	314	Sheridan Marshall	Epsom & Ewell	W40	35:59	8
60	449	Mike Smalley	Croydon	SM	36:04	48
61	696	Matthew Kiernan	Croydon	SM	36:21	49
62	500	Laura Marshall	Croydon	W45	36:29	9
63	206	Stuart Haigh	Sutton & District	M45	36:30	50
64	196	Joe Rutzer	Collingwood	M45	36:34	51
65	338	Mike Forder	VAC	M70	36:44	52
66	189	Georgina Winder	Epsom & Ewell	U20W	36:47	10
67	298	Tim Lawlor	Striders of Croydon	M40	36:54	53
68	144	Holly Mammatt	Herne Hill	SW	36:56	11

69	1073	Helen Maguire	Epsom & Ewell	W40	37:08	12
70	97	Brandon Webb	Lingfield	M50	37:14	54
71	76	Will Lyon-Tupman	Croydon	SM	37:23	55
72	364	Duncan Rimmer	VAC	M45	37:27	56
73	355	Alan Newman	SCVAC	M65	37:27	No score
74	193	Andy Radndall	Collingwood	M45	37:32	57
75	1074	Peter Frost	Epsom & Ewell	M50	37:47	58
76	218	Amber Brough-Nuesink	Sutton & District	W45	37:55	13
77	343	William Haining	EMAC	M65	38:17	No score
78	321	Fiona Russell	VAC	W50	38:19	14
79	270	Luke Burden	Striders of Croydon	SM	38:20	59
80	313	Pippa Major	VAC	W55	38:35	15
81	78	Andy Del Nevo	Croydon	M55	38:39	60
82	318	Joanna Quantrill	VAC	W65	38:56	16
83	1071	Gareth George	Epsom & Ewell	M50	38:57	61
84	177	Shelley Cleghorn	Epsom & Ewell	W45	39:03	17
85	362	Stephen Plested	VAC	M70	39:13	62
86	332	Michael Davies	SCVAC	M75	39:39	No score
87	347	Christopher Lee	VAC	M60	39:49	63
88	268	Nikki Javan	Striders of Croydon	W40	40:02	18
89	315	Susan Payne	SCVAC	W60	40:08	No score
90	348	Michael Mann	VAC	M70	40:29	64
91	323	Penny Wilkins	VAC	W60	40:49	19
92	308	Anna Garnier	VAC	W65	40:54	20
93	327	Richard Bloom	VAC	M70	41:16	65
94	261	Wendy Smith	Lingfield	W55	41:19	21
95	335	Martin Evans	VAC	M70	42:01	66
96	302	Nicky Atkins	VAC	W55	42:06	22
97	249	Keith Chambers	Lingfield	M60	42:21	67
98	192	William Brook	Epsom & Ewell	M45	42:49	68
99	322	Gillian Wheeldon	Herne Hill	W60	43:00	23
100	100	Ian Watkins	Lingfield	M60	43:19	69
101	176	Julie Houghton	Epsom & Ewell	W55	43:27	24
102	340	Martin Garrett	VAC	M65	43:51	70
103	350	Andy Mitchelson	VAC	M55	44:13	71
104	75	Hassan Hassan	Croydon	SM	44:18	72

105	368	Scott Shurmer	SCVAC	M50	44:51	No score
106	319	Avril Riddell	VAC	W65	44:59	25
107	301	Sarah Allen	Herne Hill	W55	45:32	26
108	80	Miriam De Souza	Croydon	W45	45:50	27
109	95	Katie Cahill-Smith	Lingfield	W55	45:52	28
110	94	Judith Cartledge	Lingfield	W60	47:00	29
111	91	Helen Davey	Lingfield	W55	47:19	30
112	264	Dave Nottidge	Lingfield	M65	48:27	73
113	93	Hannah Cartledge	Lingfield	SW	48:52	31
114	96	Sarah Ferguson	Lingfield	SW	50:48	32
115	99	Scott McDonald	Lingfield	M55	51:07	74
116	330	John Carter	VAC	M75	52:45	75
117	320	Annie Ross	VAC	W70	53:14	33
118	92	Carole Barnes	Lingfield	W65	59:36	34