EAMA INDOOR INTER AREA TRACK FIELD CHALLENGE
LEE VALLEY ATHLETICS CENTRE, LONDON on SUNDAY 1st MARCH 2020

Men

Pos	Region	Points
1	MMAC	207
2	EMAC	188
3	VAC	165
4	SCVAC	156
5	WMAA	125
6	SWVAC	78

After 48 events scored

Overall

Pos	Region	Points
1	MMAC	374
2	EMAC	337
3	SCVAC	291
4	VAC	275
5	WMAA	273
6	SWVAC	94

After 91 total events scored

M35 60m

Pos	Bib	Name	Club	Perf
1	23	Dominic Bradley (M40)	MMAC	7.13
2	13	Allan Mc Sween	EMAC	7.37
3	33	Joshua Wood (M45)	SCVAC	7.91
4	63	Stuart Pearce (M40)	WMAA	7.95
5	43	David Pearson (M50)	SWVAC	8.32
6	53	Martin Willis (M45)	VAC	8.38

M50 60m

Pos	Bib	Name	Club	Perf
1	25	Donald Brown (M55)	MMAC	7.86
2	65	Russell Whiting	WMAA	7.88
3	15	Kerry Courtenay-Robin	EMAC	8.05
4	45	Paul Guest (M55)	SWVAC	8.05
5	35	Wole Odele (M55)	SCVAC	8.11
6	55	Mark White	VAC	8.18

M60 60m

Pos	Bib	Name	Club	Perf
1	16	Ricardo Huskisson	EMAC	7.99
2	66	Ian Broadhurst (M65)	WMAA	8.73
3	56	David Hinds (M65)	VAC	8.91
4	26	Christopher Monk (M65)	MMAC	8.99
5	46	Trevor Downward (M65)	SWVAC	9.20
6	36	Duncan Talbot (M65)	SCVAC	9.49

M70 60m

Pos	Bib	Name	Club	Perf
1	67	Glyn Sutton	WMAA	8.61
2	37	Victor Novell (M75)	SCVAC	8.80
3	27	Lawrie Dunn	MMAC	9.53
4	57	Charles Isetts (M75)	VAC	10.47
5	17	Frank Hayes (M75)	EMAC	10.64

M35 200m

Pos	Bib	Name	Club	Perf	
1	23	Dominic Bradley (M40)	MMAC	22.96	CBP
2	13	Allan Mc Sween	EMAC	23.82	
3	33	Adam Bellis (M40)	SCVAC	23.83	
4	53	Steven Tester	VAC	23.89	
5	63	Stuart Pearce (M40)	WMAA	26.61	
6	43	David Pearson (M50)	SWVAC	28.16	

M50 200m

Pos	Bib	Name	Club	Perf	
1	55	Giuseppe Minetti	VAC	24.62	CBP
2	15	Paul Canning	EMAC	26.05	
3	35	Wole Odele (M55)	SCVAC	26.11	
4	45	Paul Guest (M55)	SWVAC	26.26	
5	65	Russell Whiting	WMAA	26.91	
6	25	David Wilson	MMAC	27.08	

M60 200m

Pos	Bib	Name	Club	Perf
1	16	Ricardo Huskisson	EMAC	26.19
2	66	Ian Broadhurst (M65)	WMAA	27.88
3	56	Adrian Day	VAC	28.88
4	26	Phil Clayton	MMAC	29.12
5	36	Simon Barrett (M65)	SCVAC	29.26
6	46	Trevor Downward (M65)	SWVAC	31.33

M70 200m

Pos	Bib	Name	Club	Perf
1	67	Glyn Sutton	WMAA	30.34
2	57	Allan Long (M75)	VAC	31.74
3	27	Lawrie Dunn	MMAC	32.09
4	37	Alan Forse (M75)	SCVAC	34.52
5	17	Frank Hayes (M75)	EMAC	38.59

M35 400m

Pos	Bib	Name	Club	Perf
1	13	David Brown (M40)	EMAC	51.62
2	53	Steven Tester	VAC	52.46
3	33	Adam Bellis (M40)	SCVAC	52.73
4	63	Owen Chesher	WMAA	56.56
5	23	Nathan Moore (M40)	MMAC	58.90
6	43	David Pearson (M50)	SWVAC	73.25

M50 400m

Pos	Bib	Name	Club	Perf
1	35	Wole Odele (M55)	SCVAC	58.05
2	15	Peter Benedickter	EMAC	58.28
3	55	Mark White	VAC	58.68
4	45	Neil Tunstall (M55)	SWVAC	60.59
5	25	Kevin Pye (M60)	MMAC	64.19
6	65	Neil Davies	WMAA	66.99

M60 400m

Pos	Bib	Name	Club	Perf
1	26	Richard White	MMAC	59.18
2	16	Tennyson James	EMAC	62.16
3	66	Kieran McDonnell (M65)	WMAA	62.17
4	46	Peter Mountain	SWVAC	65.87
5	56	Timothy Carter (M65)	VAC	67.38
6	36	Simon Barrett (M65)	SCVAC	67.71

M70 400m

Pos	Bib	Name	Club	Perf	
1	37	David Spencer	SCVAC	66.03	CBP
2	27	Bruce Hendrie	MMAC	72.28	
3	57	Geoffrey Kitchener	VAC	72.90	
4	17	Kenneth Bowman	EMAC	83.42	
5	67	Barrie roberts (M75)	WMAA	96.66	

M35 800m

Pos	Bib	Name	Club	Perf
1	63	David Williams	WMAA	2:00.85
2	53	Wayne Lashley	VAC	2:06.16
3	13	Lee Pretlove	EMAC	2:10.19
4	23	Phil Gould (M40)	MMAC	2:10.80
5	33	Jon Kennedy (M40)	SCVAC	2:11.21

M50 800m

Pos	Bib	Name	Club	Perf
1	35	Mark Symes	SCVAC	2:10.96
2	55	Gary Ironmonger (M55)	VAC	2:17.24
3	25	Graham Moffatt	MMAC	2:18.56
4	45	Simon Anderson (M55)	SWVAC	2:18.78
5	65	Brett Davis (M55)	WMAA	2:19.29
6	15	Raymond Daniel (M60)	EMAC	2:40.22

M60 800m

Pos	Bib	Name	Club	Perf
1	16	Jonathan Metcalf	EMAC	2:32.01
2	66	Martyn Cole	WMAA	2:33.40
3	26	David Oxland (M65)	MMAC	2:34.23
4	46	Peter Mountain	SWVAC	2:35.92
5	56	John Barron	VAC	2:38.05
6	36	Stewart Thorp (M65)	SCVAC	2:43.56

M70 800m

Pos	Bib	Name	Club	Perf
1	27	David Jones	MMAC	3:00.15
2	17	Kenneth Bowman	EMAC	3:00.82
3	37	John Exley	SCVAC	3:00.85
4	57	Michael Mann	VAC	3:01.03
5	67	Barrie Roberts (M75)	WMAA	3:36.42

M35 1500m

Pos	Bib	Name	Club	Perf
1	13	Simon Coombes (M45)	EMAC	4:18.75
2	23	Kristian Watson	MMAC	4:21.01
3	33	Jon Kennedy (M40)	SCVAC	4:34.77
4	43	Richard Davidson (M40)	SWVAC	4:37.75
5	53	Robert Datnow (M45)	VAC	4:40.42

M50 1500m

Pos	Bib	Name	Club	Perf
1	35	Mark Symes	SCVAC	4:19.69
2	55	Gary Ironmonger (M55)	VAC	4:42.23
3	65	Jonathan Grainger (M55)	WMAA	4:43.47
4	25	Conrad Watson (M55)	MMAC	5:00.77
5	15	Richard Mangham (M55)	EMAC	5:26.03
6	45	Philip York (M55)	SWVAC	5:26.24

M60 1500m

Pos	Bib	Name	Club	Perf
1	26	David Bedwell (M65)	MMAC	4:59.34
2	56	Richard Holland	VAC	5:00.88
3	16	Jonathan Metcalf	EMAC	5:03.06
4	66	Martyn Cole	WMAA	5:05.23
5	46	Kevin Archer (M65)	SWVAC	5:08.18
6	36	Alan Newman (M65)	SCVAC	6:07.21

M70 1500m

Pos	Bib	Name	Club	Perf
1	57	Peter Giles (M75)	VAC	5:43.93
2	67	Richard Marks	WMAA	5:45.23
3	37	John Exley	SCVAC	5:49.00
4	27	David Jones	MMAC	5:49.91
5	17	Kenneth Bowman	EMAC	5:51.75

M35 3000m

Pos	Bib	Name	Club	Perf
1	23	Mathew Almond	MMAC	9:07.48
2	13	Simon Coombes (M45)	EMAC	9:16.99
3	63	Doug Nicholls (M40)	WMAA	9:40.22
4	33	Jon Kennedy (M40)	SCVAC	9:58.21
5	43	Richard Davidson (M40)	SWVAC	10:01.79
6	53	Chris de Mauny	VAC	10:08.43

M50 3000m

Pos	Bib	Name	Club	Perf
1	55	Tony Tuohy (M55)	VAC	10:15.90
2	25	Geoff Lowry (M55)	MMAC	10:19.26
3	45	Simon Anderson (M55)	SWVAC	10:31.31
4	65	Jonathan Grainger (M55)	WMAA	10:32.49
5	15	Richard Mangham (M55)	EMAC	11:43.82

M60 3000m

Pos	Bib	Name	Club	Perf
1	16	Paul Mingay	EMAC	10:09.03
2	26	Andrew Wetherill	MMAC	10:48.40
3	56	Richard Holland	VAC	11:12.17
4	46	Peter Mountain	SWVAC	11:42.60
5	36	Stewart Thorp (M65)	SCVAC	11:47.05
6	66	Austin Davies	WMAA	12:09.91

M35 2km Walk

Pos	Bib	Name	Club	Perf
1	23	Paul Hawkins (M60)	MMAC	12:30.47

M50 2km Walk

Pos	Bib	Name	Club	Perf
1	15	Mark Culshaw	EMAC	11:37.10
2	55	Arthur Thomson (M80)	VAC	15:10.83
3	25	Conrad Watson (M55)	MMAC	15:40.58

M60 2km Walk

Pos	Bib	Name	Club	Perf	
1	36	Malcolm Martin (M65)	SCVAC	11:00.85	CBP
2	16	Colin Harle	EMAC	11:49.87	
3	46	Ian Torode	SWVAC	12:08.11	
4	56	Christopher Flint (M75)	VAC	14:27.26	
5	26	Peter Boszko (M70)	MMAC	disq	

M35 60m Hurdles

Pos	Bib	Name	Club	Perf
1	33	Mensah Elliott (M40)	SCVAC	8.17
2	13	Gary Smith (M45)	EMAC	8.85
3	53	Alwyn Lombaard (M45)	VAC	9.78
4	43	David Pearson (M50)	SWVAC	10.77

M50 60m Hurdles

Pos	Bib	Name	Club	Perf
1	25	Donald Brown (M55)	MMAC	8.94
2	35	Barrie Marsden (M55)	SCVAC	8.97
3	45	Neil Tunstall (M55)	SWVAC	9.60
4	55	Glen Reddington (M55)	VAC	9.85
5	15	Peter Benedickter	EMAC	9.99
6	65	Glyn Price	WMAA	11.05

M35 4x200m

Pos	Bib	Name	Club	Perf
1	13	Justin Hubbard (M40), Amr Ziko (M40), Greg Goodrem, Allan Mc Sween	EMAC	1:40.46
2	53	Martin Willis (M45), Vaughan Ramsay (M45), Wayne Lashley, Giuseppe Minetti (M50)	VAC	1:46.47
3	23	Nathan Moore (M40), Mathew Almond, Phil Gould (M40), David Wilson (M50)	MMAC	1:46.96
4	63	Stuart Pearce (M40), Brian Dias, David Williams, Owen Chesher	WMAA	1:48.22

M50 4x200m

Pos	Bib	Name	Club	Perf
1	15	Paul Canning, Kerry Courtenay-Robin, Ricardo Huskisson (M60), Steve Mayfield	EMAC	1:47.23
2	25	David Hartwell, Graham Moffatt, Brian Gravelsons, Kevin Pye (M60)	MMAC	1:53.24
3	55	Robert Peers, Mark White, Adrian Day (M60), Gary Ironmonger (M55)	VAC	1:55.81
4	65	Neil Davies, Glyn Price, Brett Davis (M55), Russell Whiting	WMAA	2:06.61

M60 4x200m

Pos	Bib	Name	Club	Perf
1	66	Ian Broadhurst (M65), Glyn Sutton (M70), Kieran McDonnell (M65), Austin Davies	WMAA	1:55.69
2	26	Phil Clayton, Rob Fox, David Oxland (M65), Ian Willoughby (M65)	MMAC	2:02.64
3	56	Peter Giles (M75), Timothy Carter (M65), Alan Perry (M65), David Hinds (M65)	VAC	2:10.13

M70 4x200m

Pos	Bib	Name	Club	Perf
1	27	Lawrie Dunn, David Cowley, Bruce Hendrie, David Jones	MMAC	2:12.83
2	37	Victor Novell (M75), Ron Davies (M75), John Exley, David Spencer	SCVAC	2:23.52
3	57	Michael Mann, Charles Isetts (M75), Allan Long (M75), Geoffrey Kitchener	VAC	2:29.01

M35 High Jump

Pos	Bib	Name	Club	Perf	
1	13	Greg Goodrem	EMAC	1.75	1.65o,1.70o,1.75xo,1.80xxr
2	63	Owen Chesher	WMAA	1.70	1.60o,1.65-,1.70o,1.75xxx
3	53	Vaughan Ramsay (M45)	VAC	1.55	1.45o,1.50o,1.55o,1.60xxx
4	23	Jack Poxon	MMAC	1.45	1.35o,1.40o,1.45o,1.50xxx
5	43	David Pearson (M50)	SWVAC	1.35	1.20o,1.25o,1.30o,1.35o,1.40-,1.45-,1.50xxx
6	33	Richard Nash (M40)	SCVAC	0.90	0.90o,1.15r

M50 High Jump

Pos	Bib	Name	Club	Perf	
1	15	Harvey Griffiths	EMAC	1.55	1.40o,1.45o,1.50o,1.55xo,1.60xxx
2	35	Gary Capon (M55)	SCVAC	1.50	1.45o,1.50o,1.55xxx
3	65	Glyn Price	WMAA	1.45	1.35xo,1.40o,1.45o,1.50xr
4	25	Quentin McQuillan (M60)	MMAC	1.35	1.25o,1.30xo,1.35xo,1.40xxx
5	55	Robert Peers	VAC	1.30	1.15o,1.20o,1.25o,1.30o,1.35xxx
6	45	Philip York (M55)	SWVAC	0.90	0.90o,1.15r

M60 High Jump

Pos	Bib	Name	Club	Perf	
1	36	Duncan Talbot (M65)	SCVAC	1.42	1.30o,1.33o,1.36o,1.39xo,1.42o,1.45xxx
2	46	Steven Harger (M65)	SWVAC	1.33	1.21o,1.24o,1.27o,1.30xxo,1.33xxo,1.36xxx
3	26	Mick Edwards (M70)	MMAC	1.15	1.00o,1.03o,1.06o,1.09o,1.12o,1.15xo,1.18xxx
4	56	Keith Seldon	VAC	1.15	1.00o,1.03-,1.06o,1.09-,1.12xxo,1.15xo,1.18xxx

M70 High Jump

Pos	Bib	Name	Club	Perf	
1	27	David Cowley	MMAC	1.24	1.15o,1.18o,1.21o,1.24o,1.27xxx
2	57	Geoffrey Kitchener	VAC	1.21	1.03o,1.06-,1.09-,1.12o,1.15o,1.18o,1.21xxo,1.24xxx
3	37	Roger Bruck (M80)	SCVAC	1.18	1.03o,1.06o,1.09o,1.12o,1.15o,1.18xxo,1.21r

M35 Pole Vault

Pos	Bib	Name	Club	Perf	
1	23	James Robinson (M40)	MMAC	4.01	3.81o,3.91-,4.01o,4.11r
2	43	David Pearson (M50)	SWVAC	3.31	2.91o,3.01-,3.11o,3.21o,3.31o,3.41xxx
3	63	David Gordon (M50)	WMAA	3.21	1.61o,3.11xo,3.21xo,3.31xxx
4	13	Richard Phelan (M55)	EMAC	2.91	2.61o,2.71o,2.81xo,2.91xxo,3.01xxr
5	33	Richard Nash (M40)	SCVAC	2.51	1.61o,2.31o,2.41-,2.51o,2.61-,2.71xxx

M50 Pole Vault

Pos	Bib	Name	Club	Perf	
1	65	Glyn Price	WMAA	3.81	3.71o,3.81o,3.91xxx
2	25	Terry Selway (M55)	MMAC	2.81	2.71xxo,2.81xo,2.91xxx
3	15	Simon Eastwood	EMAC	2.81	2.81xxo,2.91xxx
4	35	Alan Leiper (M55)	SCVAC	2.41	2.41o,3.11xxx
5	55	Robert Peers	VAC	2.31	1.91o,2.01o,2.11o,2.21o,2.31xo,2.41xxx

M35 Long Jump

Pos	Bib	Name	Club	Perf	
1	13	Justin Hubbard (M40)	EMAC	5.60	x, x, x, 5.60
2	23	Jack Poxon	MMAC	5.43	5.43, 5.41, 5.36, 5.38
3	53	Franck Triolaire (M45)	VAC	5.33	4.95, 5.22, 5.02, 5.33
4	43	David Pearson (M50)	SWVAC	5.15	5.15, x, 5.15, 5.05
5	33	Richard Nash (M40)	SCVAC	4.48	x, 4.48, 4.48, x
6	63	Brian Dias	WMAA	3.58	3.37, 3.58, 3.47, 3.39

M50 Long Jump

Pos	Bib	Name	Club	Perf	
1	25	David Hartwell	MMAC	5.46	5.19, 5.46, 5.39, -
2	45	Paul Guest (M55)	SWVAC	5.33	5.33, x, x, 4.22
3	15	Philip Bowers	EMAC	5.20	5.09, 5.20, 5.09, 5.05
4	65	Neil Davies	WMAA	3.94	x, 3.94, x, 3.86
5	55	Robert Peers	VAC	3.58	3.58, 3.28, -, -
	35	Andrew Lewis	SCVAC	nm	x, x, -

M60 Long Jump

Pos	Bib	Name	Club	Perf	
1	36	Trevor Wade	SCVAC	4.34	4.34, 4.18, x, 4.28
2	56	Timothy Carter (M65)	VAC	3.96	3.06, 3.73, 3.92, 3.96
3	26	Mick Edwards (M70)	MMAC	3.20	3.15, 3.17, 3.20, 3.20

M70 Long Jump

Pos	Bib	Name	Club	Perf	
1	57	Allan Long (M75)	VAC	3.73	3.57, 3.73, 3.73, 3.73
2	37	Ron Davies (M75)	SCVAC	3.59	3.42, 3.59, 3.46, 3.47
3	27	Lawrie Dunn	MMAC	3.38	3.38, -, -, -

M35 Triple Jump

Pos	Bib	Name	Club	Perf	
1	23	Jack Poxon	MMAC	10.75	10.75, 10.51, 10.58, 10.34
2	13	Greg Goodrem	EMAC	10.74	10.46, 10.74, 10.20, 10.57
3	43	David Pearson (M50)	SWVAC	10.19	9.60, 10.19, x, x
4	33	Richard Nash (M40)	SCVAC	8.85	8.85, -, -, -
	53	Vaughan Ramsay (M45)	VAC	nm	x, x, x, x

M50 Triple Jump

Pos	Bib	Name	Club	Perf	
1	15	Philip Bowers	EMAC	10.50	10.37, 10.40, 10.50, 10.17
2	35	Gary Capon (M55)	SCVAC	9.73	8.79, 9.57, 9.73, x
3	25	Terry Selway (M55)	MMAC	9.51	x, x, 9.51, 9.43
4	65	David Shields (M55)	WMAA	8.74	8.66, 8.36, 8.74, 8.70

M35 Shot

Pos	Bib	Name	Club	Perf	
1	23	Mathew Paynter (M40)	MMAC	11.13	11.13, 11.00, 10.95, 10.21
2	13	Gary Smith (M45)	EMAC	9.00	8.96, 9.00, 8.48, x
3	63	Ian Williams (M40)	WMAA	8.56	8.46, 8.56, 8.28
4	33	Richard Nash (M40)	SCVAC	8.52	8.09, 8.38, 8.46, 8.52
5	53	Martin Willis (M45)	VAC	8.11	8.11, 8.01, 7.78, 7.20
6	43	David Pearson (M50)	SWVAC	6.98	6.98, -, -, -

M50 Shot

Pos	Bib	Name	Club	Perf	
1	15	Stephen Whyte (M55)	EMAC	12.65	12.12, 12.46, 12.65, 12.65
2	35	Alan Leiper (M55)	SCVAC	11.90	11.90, x, 11.61, 11.32
3	25	Donald Brown (M55)	MMAC	10.71	10.71, 10.46, 10.37, 10.71
4	65	Neil Davies	WMAA	9.57	9.21, 8.76, 8.90, 9.57
5	55	Peter Wishart (M55)	VAC	8.93	8.83, 8.78, 8.93, x
6	45	Philip York (M55)	SWVAC	5.87	5.75, 5.78, 5.48, 5.87

M60 Shot

Pos	Bib	Name	Club	Perf	
1	36	John Fenton	SCVAC	11.43	11.40, x, 11.26, 11.43
2	56	Keith Seldon	VAC	9.79	9.46, 9.70, 9.79, 9.52
3	16	Graeme Packman (M65)	EMAC	9.31	9.31, 9.23, 9.26, 9.29
4	26	Mick Edwards (M70)	MMAC	5.82	5.19, 5.73, 5.82, 5.17

M70 Shot

Pos	Bib	Name	Club	Perf	
1	17	Geoff Tyler	EMAC	13.33	CBP 13.33, 12.90, 12.70, 12.54
2	57	Anthony Richards	VAC	12.67	12.67, 12.60, x, 12.56
3	27	David Cowley	MMAC	9.78	9.78, x, 9.25, 9.78
4	37	Ron Davies (M75)	SCVAC	7.77	7.77, 7.60, 6.01, 7.18

Women Pos	Region	Points		Overall Pos	Region	Points
1	MMAC	167		1	MMAC	374
2	EMAC	149		2	EMAC	337
3	WMAA	148		3	SCVAC	291
4	SCVAC	135		4	VAC	275
5	VAC	110		5	WMAA	273
6	SWVAC	16		6	SWVAC	94

After 43 events scored

After 91 total events scored

W35 60m

Pos	Bib	Name	Club	Perf
1	33	Vanessa Grant	SCVAC	7.93
2	23	Karen Gomes	MMAC	8.28
3	13	Heather Rose	EMAC	8.35
4	63	Eleri Jones	WMAA	8.50
5	53	Cara Maker	VAC	8.51
6	43	Cara Marsh	SWVAC	9.13

W50 60m

Pos	Bib	Name	Club	Perf
1	65	Juliet Sidney	WMAA	8.81
2	35	Michele Wakefield	SCVAC	9.24
3	55	Rachel Waters	VAC	9.44
4	15	Gaye Clarke (W55)	EMAC	10.18

W60 60m

Pos	Bib	Name	Club	Perf
1	36	Joan Trimble (W65)	SCVAC	9.30
2	26	Jillian Roginski	MMAC	9.80
3	16	Penny Butcher	EMAC	10.39
4	66	Julie Wakelam	WMAA	10.48
5	56	Hel James (W65)	VAC	10.95

W70 60m

Pos	Bib	Name	Club	Perf	
1	27	Sally Hine	MMAC	10.34	CBP
2	47	Anne Dockery	SWVAC	12.07	
3	67	Patricia Gallagher	WMAA	12.33	
4	57	Ros Tabor	VAC	13.26	

W35 200m

Pos	Bib	Name	Club	Perf
1	33	Vanessa Grant	SCVAC	26.63
2	23	Ellena Ruddock (W40)	MMAC	27.26
3	13	Heather Rose	EMAC	27.32
4	53	Fiona de Mauny	VAC	27.88
5	63	Alison McLellan	WMAA	28.33
6	43	Henrietta Anstey (W45)	SWVAC	31.68

W50 200m

Pos	Bib	Name	Club	Perf
1	65	Juliet Sidney	WMAA	29.53
2	15	Tracy Bezance (W55)	EMAC	30.11
3	25	Fiona Palmer	MMAC	30.32
4	55	Rachel Waters	VAC	31.17
5	35	Michele Wakefield	SCVAC	31.50

W60 200m

Pos	Bib	Name	Club	Perf	
1	16	Edith Caux	EMAC	32.05	
2	36	Helen Godsell (W65)	SCVAC	32.08	
3	26	Jillian Roginski	MMAC	33.54	
4	56	Lesley Parsons	VAC	34.19	
5	66	Caroline Marler (W65)	WMAA	34.49	

W35 400m

Pos	Bib	Name	Club	Perf
1	53	Fiona de Mauny	VAC	58.53
2	33	Diana Norman (W45)	SCVAC	61.53
3	13	Claire Smith (W40)	EMAC	62.67
4	23	Gemma Knight	MMAC	63.11
5	63	Rebecca Selvey (W45)	WMAA	68.08
6	43	Lisa Carpenter (W45)	SWVAC	68.20

W50 400m

Pos	Bib	Name	Club	Perf	
1	25	Tina Wickens	MMAC	65.06	CBP
2	55	Lisa Thomas	VAC	65.51	
3	15	Tracy Bezance (W55)	EMAC	67.66	
4	35	Alison Collins (W55)	SCVAC	70.45	
5	65	Louise Kirby	WMAA	73.12	

W60 400m

Pos	Bib	Name	Club	Perf
1	36	Helen Godsell (W65)	SCVAC	73.99
2	16	Edith Caux	EMAC	74.38
3	26	Elaine Ledden	MMAC	77.30
4	56	Lesley Parsons	VAC	78.56
5	66	Rosalind Townsend-Hope (W65	WMAA	81.80

W35 800m

Pos	Bib	Name	Club	Perf
1	33	Diana Norman (W45)	SCVAC	2:24.67
2	53	Lizzie Amos (W40)	VAC	2:29.11
3	23	Lucie Tait-Harris (W45)	MMAC	2:31.96
4	63	Llinos Jones	WMAA	2:32.22
5	13	Emma Coombes (W40)	EMAC	2:58.36

W50 800m

Pos	Bib	Name	Club	Perf
1	25	Tina Wickens	MMAC	2:30.63
2	55	Lisa Thomas	VAC	2:33.26
3	65	Hilary West (W60)	WMAA	3:02.53
4	15	Debra Manghan (W55)	EMAC	3:14.76

W60 800m

Pos	Bib	Name	Club	Perf
1	16	Karen Brooks	EMAC	2:42.66
2	56	Anna Garnier (W65)	VAC	2:58.85
3	66	Rosalind Townsend-Hope (W65	WMAA	3:13.03
4	36	Sue James (W65)	SCVAC	3:57.28

W70 800m

Pos	Bib	Name	Club	Perf
1	27	Angela Copson	MMAC	3:20.62
2	57	Ros Tabor	VAC	3:29.08
3	47	Anne Dockery	SWVAC	3:29.18
4	67	Helen Lutley	WMAA	3:39.91

W35 1500m

Pos	Bib	Name	Club	Perf
1	23	Lucy Wallace	MMAC	4:55.86
2	53	Clare Elms (W55)	VAC	4:57.13
3	63	Llinos Jones	WMAA	5:03.86

W50 1500m

Pos	Bib	Name	Club	Perf
1	55	Anna Critchlow	VAC	5:22.83
2	25	Jane Pidgeon (W55)	MMAC	5:33.62
3	35	Caroline Wood (W55)	SCVAC	5:45.74
4	65	Susan Davies (W55)	WMAA	6:23.66
5	15	Debra Manghan (W55)	EMAC	dnf

W60 1500m

Pos	Bib	Name	Club	Perf
1	66	Annette Hames	WMAA	6:15.00
2	56	Andrea Sanders-Reece	VAC	6:39.36
3	16	Betty Gash	EMAC	6:46.61
4	36	Sue James (W65)	SCVAC	7:32.48

W35 3000m

Pos	Bib	Name	Club	Perf
1	53	Clare Elms (W55)	VAC	10:45.43
2	63	Helen-Marie Davies (W40)	WMAA	11:12.01

W50 3000m

Pos	Bib	Name	Club	Perf
1	25	Clare Jolliffe	MMAC	11:16.02
2	55	Anna Critchlow	VAC	11:16.61
3	35	Caroline Wood (W55)	SCVAC	12:01.99
4	15	Elke Hausler (W55)	EMAC	12:09.13
5	65	Kelly Gipson	WMAA	13:08.07

W60 3000m

Pos	Bib	Name	Club	Perf
1	16	Karen Brooks	EMAC	12:00.55
2	66	Annette Hames	WMAA	12:51.83
3	56	Maggie Statham (W65)	VAC	13:50.58

W35 2km Walk

Pos	Bib	Name	Club	Perf	
1	23	Carolyn Derbyshire (W40)	MMAC	10:32.77	CBP
2	13	Rachel Lawless (W55)	EMAC	12:15.25	

W50 2km Walk

Pos	Bib	Name	Club	Perf
1	25	Wendy Kane	MMAC	11:45.68
2	15	Helen Middleton (W55)	EMAC	12:05.27
3	35	Angela Martin (W55)	SCVAC	14:47.90

W60 2km Walk

Pos	Bib	Name	Club	Perf
1	36	Noel Blatchford (W70)	SCVAC	13:24.41

W35 60m Hurdles

Pos	Bib	Name	Club	Perf
1	33	Diana Norman (W45)	SCVAC	9.54
2	23	Paula Williams (W45)	MMAC	9.72
3	13	Kate Williams	EMAC	10.84
4	63	Amanda Broadhurst (W45)	WMAA	11.61

W50 60m Hurdles

Pos	Bib	Name		Perf
1	15	Gaye Clarke (W55)	EMAC	11.13
2	65	Melanie Garland (W55)	WMAA	12.26

W35 4x200m

Pos	Bib	Name	Club	Perf
1	23	Karen Gomes, Janelle Quinn (W45), Paula Williams (W45), Ellena Ruddock (W40)	MMAC	1:55.35
2	13	Kate Williams, Claire Smith (W40), Emma Coombes (W40), Heather Rose	EMAC	1:58.51
3	63	Rebecca Selvey (W45), Alison McLellan, Rebecca Selvey (W45), Amanda Broadhurst (W45)	WMAA	2:00.59
4	33	Julia Machin (W45), Michele Wakefield (W50), Caroline Wood (W55), Diana Norman (W45)	SCVAC	2:05.12

W50 4x200m

Pos	Bib	Name	Club	Perf
1	65	Juliet Sidney, Melanie Garland (W55), Louise Kirby, Angela Bryant (W55)	WMAA	2:05.57
2	25	Fiona Palmer, Jane Pidgeon (W55), Clare Jolliffe, Tina Wickens	MMAC	2:11.36
3	55	Rachel Waters, Lesley Parsons (W60), Anna Garnier (W65), Lisa Thomas	VAC	2:14.11
4	15	Gaye Clarke (W55), Debra Manghan (W55), Sandra Pedley, Karen Brooks (W60)	EMAC	2:32.91

W60 4x200m

Pos	Bib	Name	Club	Perf
1	26	Sally Hine (W70), Elaine Ledden, Jillian Roginski, Angela Copson (W70)	MMAC	2:21.24
2	66	Julie Wakelam, Caroline Marler (W65), Rosalind Townsend-Hope (W65),	WMAA	2:22.17
3	16	Edith Caux, Betty Gash, Emily McMahon (W65), Penny Butcher	EMAC	2:24.35
4	36	Joan Trimble (W65), Teresa Eades, Sue James (W65), Helen Godsell (W65)	SCVAC	2:24.82

W35 High Jump

Pos	Bib	Name	Club	Perf	
1	33	Julia Machin (W45)	SCVAC	1.65	1.55o,1.60o,1.65xxx
2	13	Kate Williams	EMAC	1.40	1.20o,1.25o,1.30o,1.35o,1.40xo,1.45xxx
3	23	Paula Williams (W45)	MMAC	1.30	1.15o,1.20o,1.25o,1.30o,1.35xxr
4	63	Amanda Broadhurst (W45)	WMAA	1.20	1.15o,1.20o,1.25xxx

W50 High Jump

Pos	Bib	Name	Club	Perf	
1	65	Melanie Garland (W55)	WMAA	1.30	1.21o,1.24o,1.27-,1.30o,1.33xxx
2	15	Gaye Clarke (W55)	EMAC	1.21	1.09o,1.12o,1.15o,1.18o,1.21o,1.24r

W60 High Jump

Pos	Bib	Name	Club	Perf	
1	16	Penny Butcher	EMAC	1.27	=CBP 1.21o,1.24o,1.27o,1.30xxx
2	36	Teresa Eades	SCVAC	1.24	1.15o,1.18o,1.21xo,1.24o,1.27xxx
3	66	Julie Wakelam	WMAA	1.12	1.00o,1.03o,1.06o,1.09o,1.12xxo,1.15xxx
4	56	Anna Garnier (W65)	VAC	1.00	1.00o,1.03r

W35 Pole Vault

Pos	Bib	Name	Club	Perf	
1	13	Jemma Eastwood (W40)	EMAC	3.01	2.81o,2.91-,3.01o,3.11xxx
2	53	Kim Saha (W40)	VAC	2.61	2.41o,2.51o,2.61xxo,2.71xo,2.81xxx
3	23	Melanie Hepke (W45)	MMAC	2.41	2.11o,2.21o,2.31xxo,2.41xxo,2.51xxx
4	43	Trudi Carter (W45)	SWVAC	2.31	1.81xo,1.91o,2.01xo,2.11o,2.21xo,2.31o,2.41r
5	63	Claudia Cubbage (W45)	WMAA	2.11	2.81o,2.91o,3.01o,3.11o,xxx

W50 Pole Vault

Pos	Bib	Name	Club	Perf	
	15	Sandra Pedley	EMAC	nm	1.71xxx

W35 Long Jump

Pos	Bib	Name	Club	Perf	
1	33	Julia Machin (W45)	SCVAC	5.40	5.40, 5.38, 5.25, 5.22
2	53	Cara Maker	VAC	4.90	4.85, x, 4.90, 4.70
3	23	Janelle Quinn (W45)	MMAC	4.32	4.32, 4.24, 4.22, 4.23
4	13	Kate Williams	EMAC	4.23	4.23, 4.07, 4.01, x
5	63	Alison McLellan	WMAA	4.14	3.94, 4.14, 4.07, 3.80
6	43	Cara Marsh	SWVAC	3.41	3.41, 2.56, -, -

W50 Long Jump

Pos	Bib	Name	Club	Perf	
1	25	Joanne Willoughby (W55)	MMAC	4.82	CBP 4.73, 4.82, 4.73, 4.49
2	65	Melanie Garland (W55)	WMAA	4.50	4.49, x, 4.50, -
3	15	Clare St John-Coleman (W55)	EMAC	3.67	3.63, 3.67, 3.64, 3.58

W60 Long Jump

Pos	Bib	Name	Club	Perf	
1	36	Teresa Eades	SCVAC	3.91	3.91, 3.90, 3.81, 3.83
2	16	Penny Butcher	EMAC	3.74	x, x, 3.58, 3.74
3	26	Elaine Ledden	MMAC	3.38	3.02, 2.84, 2.88, 3.38
4	66	Julie Wakelam	WMAA	3.36	3.36, 3.35, 3.26, 3.36
5	56	Hel James (W65)	VAC	2.83	2.83, 2.56, 2.62, 2.56

W70 Long Jump

Pos	Bib	Name	Club	Perf	
1	27	Sally Hine	MMAC	3.10	3.10, 2.87, 3.01, x
2	67	Iris Holder (W75)	WMAA	2.78	2.78, -, -, -

W35 Triple Jump

Pos	Bib	Name	Club	Perf	
1	33	Julia Machin (W45)	SCVAC	10.49	10.42, 10.43, 10.30, 10.49
2	13	Kate Williams	EMAC	8.85	8.08, 8.85, 8.76, 8.85
3	63	Alison McLellan	WMAA	8.85	7.95, 7.67, 8.40, 8.85
4	23	Janelle Quinn (W45)	MMAC	8.41	8.32, 8.41, 8.24, 7.75

W50 Triple Jump

Pos	Bib	Name	Club	Perf	
1	25	Joanne Willoughby (W55)	MMAC	10.16	x, 10.16, 10.05, -
2	65	Melanie Garland (W55)	WMAA	8.73	x, 8.73, -, -
3	15	Sandra Pedley	EMAC	6.68	x, 6.52, 6.43, 6.68

W35 Shot

Pos	Bib	Name	Club	Perf	
1	23	Paula Williams (W45)	MMAC	11.33	10.74, 9.81, 11.33, -
2	33	Julia Machin (W45)	SCVAC	10.63	10.60, 10.63, 10.56, 10.37
3	13	Sue Lawrence (W45)	EMAC	9.44	9.44, 9.24, 9.17, 9.00
4	63	Claudia Cubbage (W45)	WMAA	8.95	8.69, 8.51, 8.95, 8.72
5	53	Natalie Mann	VAC	8.20	8.19, 8.20, 8.19, 7.65

W50 Shot

Pos	Bib	Name	Club	Perf	
1	65	Melanie Garland (W55)	WMAA	7.89	7.49, 7.42, 7.89, 7.48
2	25	Susan Frisby (W55)	MMAC	7.81	7.61, 7.43, 7.28, 7.81
3	15	Gaye Clarke (W55)	EMAC	7.38	7.38, 7.04, 7.09, x
4	35	Rosalind Zeffertt (W55)	SCVAC	6.27	6.27, 6.14, 5.60, -

W60 Shot

Pos	Bib	Name	Club	Perf	
1	36	Vilma Thompson (W65)	SCVAC	9.29	9.29, 8.46, 8.66, 9.00
2	26	Jillian Roginski	MMAC	9.26	6.16, 8.73, 9.26, 8.21
3	56	Anna Garnier (W65)	VAC	7.01	7.01, -, -, -
4	16	Penny Butcher	EMAC	6.90	6.45, 6.80, 6.90, 6.62
5	66	Julie Wakelam	WMAA	6.76	5.76, 6.64, 6.65, 6.76

W70 Shot

Pos	Bib	Name	Club	Perf	
1	37	Elizabeth Sissons (W75)	SCVAC	7.87	7.43, 7.87, 7.41, 7.57
2	27	Sally Hine	MMAC	6.14	6.14, 6.02, 5.48, 5.87
3	67	Patricia Oakes	WMAA	6.01	6.01, 5.75, 5.60, 5.61