



Track & Field Championships

Sunday 25 August 2013

Millennium Stadium Battersea

My entries

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10,000m Champs, 4 Sept, Kingsmeadow Track

Track Events		Provisional schedule	
11.45	Sprint Hurdles	12.50	Discus Men
12.00	800m	2.15	Long Jump pool 1
12.30	100m	2.45	Long Jump pool 2
1.30	1500m	2.40	Javelin Women
1.45	3,000m Walk	3.00	Javelin Men 2 pools
2.15	200m	4.00	Triple Jump M&W
3.00	5,000m M65+ & Wmn		
3.35	5,000m M35-64		
4.15	400m		

Officials Entry Secretary Peter Kennedy, address entries@vetsac.org.uk
Online entry for VAC or other BMAF members via website www.areg247.co.uk
 Programme and seeding Jeremy Hemming
 Non technicals wanted at desk and results.

Awards Club Medals in 5 year age groups to VAC members 1-2-3. CBPs listed in programme and at desk.

Directions: at streetmap.com enter post code SW11 4NJ or KT1 3PB, or visit runtrackdir.com

Conditions For VAC and for BMAF Members as guests; for VAC Membership apply via vetsac.org.uk
 Entry to be acknowledged after closing, with confirmed schedule, using your 1st class SAEs, or otherwise online.
 Numbers to be worn back and front. 8 lane track. Throws on infield. Busses 137, 44 – Trains to Battersea Park – metered car parking – Stadium changing & showers – covered seating

10,000m Track Champs Wed 4 September, Kingston

Kingsmeadow Track 6.30pm; enquiries phone to Peter Kennedy 01273 477062

Two or three races graded from the total entry, fastest in first race, McDowell trophy



Veterans AC Championships: **main T&F 25 Aug – 10,000m 4 Sept** – closing date both 12 Aug

enter online or by hand on paper form to VAC Champs, 14 Keere St, LEWES E Sussex, BN17 1TY

Enter

Full Name VAC N° Date of Birth/...../..... Age group M/W

Guest entries kindly complete BMAF Club

Address

..... Phone n° Email

I wish to enter for the following events in T&F Champs

1 2 3 4

5 6 7 8 or more

Best performance 2012/13

For 10,000m Champs: *write name* *recent performance*

I enclose fees at £7 first and £3 after – 10,000m £7 tick Total Value £..... and SAE(s) for each meet not larger

than 9x6 nb..... Cheques payable to 'Veterans AC'..... Signature Date.....

